

NordicWerks SkiKlubb Registration Form

www.nordicwerks.com

September 10 – November 5, 2023

Athlete Name: _____ Address: _____

Athlete Cell Phone: _____ Athlete Email: _____

School: _____ Birth Date: _____

Parents Name: _____

Parent Cell Phone: _____ Parent Email: _____

Health Insurance (company name and policy number): _____

Circle program below (see website for session specific information):

Mako Shark Program (9 sessions) \$300

Dates: Sundays September 10, 17, 24; October 1, 8, 15, 22, 29; November 5

Meet at 3:30pm – sessions will alternate between West River Road in Minneapolis and the Kodiak Coffee trail bridge in Forest Lake, MN

Registration fee includes one group on snow session at Elm Creek

****Individualized training programs are available, please email Deno with questions.**

REGISTRATION DUE BY September 1st

Please make checks payable to Deno Johnson or contact Deno for Venmo payment option.

NO REFUNDS. All athletes must pay in full at time of registration. Please make sure you complete the waiver below.

Send fees to: Deno Johnson, 3225 43rd Ave S, Minneapolis, MN 55406

Questions? Email: nordicwerks27@yahoo.com

ACKNOWLEDGMENT AND ASSUMPTION OF RISK AND RELEASE:

I, _____, know that cross-country skiing is an action sport carrying significant risk of serious injury, death or property damage. I also know that there are natural and environmental conditions and risks, which independently or in combination with my activities may cause property damage, or severe or even fatal injuries to others or me.

I agree that I am alone responsible for my safety while participating in competitive events and/or training for competitive events and specifically acknowledge that the following persons or entities including NordicWerks, the sponsors, the organizers, coaches, the officials and any agent representative, officer, director, employee, member or affiliate of my person or entity named above are not responsible for my safety. I specifically RELEASE and DISCHARGE, in advance, those parties from any and all liability, whether known or unknown, even though liability may arise out of negligence or carelessness on the part of persons or entities mentioned above. I agree to accept all responsibility for the risks, conditions, and hazards which may occur whether they be known or unknown.

Being fully aware of the risks, conditions, and hazards of the proposed activity, as a competitor and NordicWerks participant, I HEREBY AGREE TO WAIVE, RELEASE AND DISCHARGE any and all claims for damages for death, personal injury or property damage which I may have or which may hereafter accrue to me as a result of my participation in competitive events or training for competitive events, against any person or entity identified above whether such injury or damage was foreseeable.

I further agree to forever HOLD HARMLESS and INDEMNIFY all persons and entities identified above, generally and specifically, from any and all liability for death, personal injury or property damage resulting in any way from my participating in competitive events or training for competitive events.

I currently have, and I agree to maintain throughout the time that I train and compete, valid and sufficient medical and accident insurance. I understand that this is my sole responsibility and release all persons and entities identified above from providing coverage for me.

This Acknowledgment and Assumption of Risk and Release shall be binding upon my heirs and assigns.

Date: _____ Athlete Signature: _____

By signing this Acknowledgment and Assumption of Risk and Release as Parent/Guardian, I am consenting to the competitor's participation in competitive skiing and training and acknowledge that I understand that any and all risk, whether known or unknown, is expressly assumed by me and all claims, whether known or unknown, are expressly waived in advance. By signing this waiver I am granting permission to NordicWerks staff/coaches to obtain emergency medical attention if it is not possible to reach the legal guardians by phone.

Date: _____ Parent/Guardian Signature (if athlete is under 18 years old): _____